

# POL19A - ALLERGEN LIST

\* = NOT in recipe BUT may contain traces



FOUR STAR PIZZA MENU ALLERGENS	Wheat/ Gluten	Barley/ Gluten	Crustacean	Eggs	Fish	Peanut	Soya	Milk	Tree Nut	Celery	Mustard	Sesame	Sulphites	Lupin	Mollusc
<b>PIZZA DOUGH INGREDIENTS</b>															
FOUR STAR PIZZA SAUCE															
MAIZE FLOUR	*														
YEAST															
VEGETABLE OIL						*									
SALT															
SUGAR															
FSP PIZZA FLOUR	✓														
PREPARED PIZZA DOUGH (Without Sauce)	✓					*									
SEASONED GLUTEN FREE PIZZA BASE (10')															
<b>THE CLASSIC PIZZA DOUGH BASES - WITH CHEESE &amp; SAUCE</b>															
CLASSIC CHEESE (Cheese & FSP Tomato Sauce)	✓					*		✓							
W/ CHEESE & BARBECUE SAUCE	✓					*	✓	✓							
W/ CHEESE & HOT CHILLI SAUCE	✓					*		✓							
W/ CHEESE & PESTO	✓					*		✓	✓						
W/ CHEESE & GARLIC SAUCE	✓					*		✓							
W/ CHEESE & TIKKA MASALA/FSP SAUCES	✓					*		✓	*		✓				
<b>USING 'GLUTEN FREE' BASE FOR 'REDUCED GLUTEN PIZZA' -W/ CHEESE &amp; SAUCE</b>															
W/ CHEESE (Cheese & FSP Tomato Sauce)								✓							
W/ CHEESE & BARBECUE SAUCE	✓						✓	✓							
W/ CHEESE & HOT CHILLI SAUCE								✓							
W/ CHEESE & PESTO								✓	✓						
W/ CHEESE & GARLIC SAUCE								✓							
W/ CHEESE & TIKKA MASALA/FSP SAUCES						*		✓	*		✓				
<b>FOUR STAR FAVOURITES - 'SET PIZZAS'</b>															
THE EMPIRE STATE	✓					*		✓							
MEAT CENTRAL	✓			✓		*	✓	✓					✓		
FEED THE MEATER	✓					*		✓							
THE INFERNO	✓					*		✓							
MEDITERRANEAN CHORIZO	✓					*		✓					✓		
SMOKEY JOE'S BBQ	✓					*	✓	✓							
AMERICANA	✓					*		✓							
VEG OUT	✓					*		✓							
HAWAIIAN FIVE OH!	✓					*		✓							
MANHATTAN	✓					*		✓							
VITA VEGGIE	✓					*	✓	✓							
SPANISH HARLEM HOT	✓					*		✓							
HOT PASSION	✓					*	✓	✓					✓		
HOT VEGGIE	✓					*		✓							
CAJUN CHICKEN DELUXE	✓					*		✓							
CHICKEN TIKKA MASALA	✓					*		✓	*		✓				
MEATBALL MADNESS	✓					*	✓	✓					✓		

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<b>CREATE YOUR OWN - TOPPINGS</b>															
GARLIC SPREAD								✓							
GREEN PESTO								✓	✓						
BUFFALO MOZZARELLA								✓							
100% MOZZARELLA CHEESE								✓							
PEPPERONI															
HAM STAMPS															
COOKED CHILLI BEEF															
SALAMI															
CHORIZO								✓							
MEATBALLS	✓			✓										✓	
SLICED SAUSAGE	✓						✓							✓	
FSP SMOKED & COOKED BACON															
ROASTED CHICKEN STRIPS															
CAJUN CHICKEN															
FAJITA CHICKEN											✓				
FALAFEL	✓														
BABY LEAF SPINACH (Fresh)															
BASIL LEAVES (Fresh)															
CHOPPED GARLIC															
SEMI-DRIED CHERRY TOMATOES															
GREEN JALAPENOS															
SWEETCORN															
PINEAPPLE PIECES															
BLACK OLIVES															
TUNA CHUNKS IN BRINE (Skipjack)					✓										
ANCHOVY FILLETS					✓										
BROCCOLI															
PEPPERS GREEN															
PEPPERS RED															
RED ONIONS															
MUSHROOMS															
HALAL TURKEY/BEEF PEPPERONI															
HALAL TURKEY/BEEF SALAMI															
<b>SIDE ORDERS</b>															
BBQ CHICKEN WINGS	✓							✓							
FINGER LICKIN' WINGS - BBQ SAUCE & SMOKEY TEXAS SEASONING	✓						✓	✓							
FINGER LICKIN' WINGS - LOUISIANA BUFFALO HOT SAUCE	✓							✓							
FINGER LICKIN' WINGS - SRIRACHA SAUCE	✓							✓							
CHICKEN DIPPERS	✓														
CHILLI CHICKEN FRIES	✓	✓													
FIERY MOZZARELLA BALLS	✓			✓				✓							
FLAMIN CHICKEN CHUNKS	✓									✓					
GARLIC BREAD BAGUETTE	✓						*	✓				*			
GARLIC BREAD BAGUETTE W/ CHEESE	✓						*	✓				*			
BREAD BAGUETTE (PLAIN)	✓						*	✓				*			
POTATO WEDGES	✓														
FAJITA POTATO WEDGES	✓										✓				
TWISTER FRIES	✓														
CHIPS															
GARLIC PIZZA BREAD	✓					*		✓							
GARLIC PIZZA BREAD WITH PESTO	✓					*		✓	✓						
DOUGH SWIRL - PEPPERONI & CHEESE	✓					*		✓							
DOUGH SWIRL - HAM & CHEESE	✓					*		✓							
DOUGH SWIRL - SPINACH & CHEESE	✓					*		✓							

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<b>HOT HEROS SANDWICHES</b>															
THE ITALIAN	✓						*	✓				*			
THE SMOKEY BBQ	✓						✓	✓				*			
THE MEATBALL MARINARA	✓			✓			*	✓				*	✓		
THE RAJUN HOT CAJUN	✓			✓			*	✓		✓		*			
THE CHICKEN CLASSIC	✓			✓			*	✓				*			
<b>SAUCES &amp; DIPS</b>															
FSP TOMATO PIZZA SAUCE															
HOT CHILLI SAUCE															
BARBECUE SAUCE	✓						✓				✓				
TIKKA MASALA SAUCE						*		✓	*						
HOT SAUCE															
BALSAMIC GLAZE													✓		
SRIRACHA CHILLI SAUCE															
PESTO							✓	✓							
MAYONNAISE				✓				✓			✓				
TOMATO KETCHUP DIP POTS															
BARBECUE DIP POTS	✓														
SWEET CHILLI DIP POTS	✓														
GARLIC & HERB DIP POTS				✓							✓				
<b>HERBS &amp; SPICES</b>															
GARLIC CHIPS (Dried)															
OREGANO (Dried)															
BASIL (Dried)															
CAJUN SEASONING															
FAJITA SEASONING											✓				
SMOKEY TEXAS SEASONING															
PARMESAN (FORMAGGIO DA PASTA)								✓							
CHILLIS (Crushed)															
<b>DESSERTS &amp; CONFECTIONERY</b>															
RAINBOW (Carnival) COOKIE	✓			✓			✓	*	*	*	*	*			
CHOC CHIP COOKIE	✓			✓			✓	✓	*						
ICE CREAM, VANILLA 500 ML				✓				✓							
ICE CREAM, STRAWBERRIES & CREAM, 500ML				✓				✓							
ICE CREAM, COOKIES & CREAM, 500ML	✓			✓				✓							
ICE CREAM, BELGIAN CHOCOLATE				✓			✓	✓							
ICE CREAM, VANILLA				✓				✓							
ICE CREAM, STRAWBERRY CHEESECAKE	✓			✓				✓							
ICE CREAM, COOKIES & CREAM	✓			✓				✓							
ICE CREAM, BELGIAN CHOCOLATE				✓			✓	✓							
ICE CREAM, STRAWBERRY CHEESECAKE	✓			✓				✓							
<b>DRINKS</b>															
ALL DRINKS - SEE INDIVIDUAL LABELS ON BOTTLES/CANS															

END